

# March PE Newsletter

Our Physical Education lessons are now changing slowly to our summer sports which will enable the children to practise a range of skills in preparation for sports day.

## Y1

It has been an exciting half term in year one working with SUFC. The children have been developing their movement skills and have learnt how to travel around in different ways. A main skill they have been working on is balancing. In the other P.E. sessions, the children have been working on ball skills and hand- eye coordination including practising bouncing and catching using tennis balls.

## Y2

In year 2, the children have been practicing ball skills and gymnastics. A main skill the year 2 children have learnt when playing ball games is dodging and aiming. In the gymnastics lessons, the children have been learning different types of rolls and how to do them safely to prevent injuries.

## Y3

In year 3, the children have been developing their tennis skills. The children have been working on their hand-eye coordination, control with the ball and racket and rallies. They have enjoyed learning about different tennis skills and the children have made excellent improvement from the start of the tennis topic.

## Y4

The year 4 children have enjoyed their swimming lessons at Zest Swimming Centre. The children are doing amazing like we expected and have really developed their confidence in the water. They have also started Athletics and have been practicing discus and will move on to more fun athletic events next half term.

## Y5

In year 5, the children have been working on handball and dance. The children have been making a whole class hip-hop dance whereby every child has come up with at least 1 dance move. The children have also been working on handball skills and have been practicing the special hand ball throwing technique and have developed their accuracy and precision when passing and shooting.

## Y6

In year 6, the sports the children have been learning about are netball and tennis. The year 6's have been working on their consistency and accuracy in the top sip shot and have been building up their rallies with their partners. In Netball, the children are working on shooting using the B.E.E.F technique and have been learning the different passes and positions.

## Reception

In Reception, their P.E lessons has been based around the topic they have been learning about. The children have also been getting active to Mr Tumble's eggtravaganza. The children have enjoyed this active way of learning about eggs.