

RIVELIN PRIMARY AUTUMN WINTER 24/25 WEEK ONE



PRIMARY MENU WEEK 1	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	 				
VEGETARIAN MAIN COURSE	 	 	 	 	 
JACKET POTATO AND FILLING					
SANDWICHES					
VEGETABLES					
DESSERT					

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 




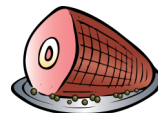

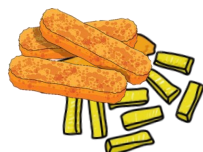

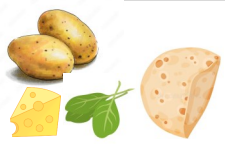




























Oily fish 

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

RIVELIN PRIMARY AUTUMN WINTER 24/25 WEEK TWO



PRIMARY MENU WEEK 2	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	 				
VEGETARIAN MAIN COURSE	 	 	 	 	 
JACKET POTATO AND FILLING					
SANDWICHES					
VEGETABLES					
DESSERT					

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

RIVELIN PRIMARY AUTUMN WINTER 24/25 WEEK THREE



PRIMARY MENU WEEK 3	'GREEN EARTH MONDAY'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	 				
VEGETARIAN MAIN COURSE	 	 	 	 	 
JACKET POTATO AND FILLING					
SANDWICHES					
VEGETABLES					
DESSERT					

Available Daily: Salad Selection, Fresh Bread, Fresh Fruit and Yoghurts

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 	Our desserts meet Public Health England's target for 'free sugar' intake for your child.	Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.
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