

P.E NEWSLETTER

September 2020

Even though COVID-19 is still around our P.E. lessons are still happening in each year group/bubble. The children have been cleaning the equipment after use. We have had a very busy first month back with lots going on including our active lessons, run a mile and active extra 30 minutes every day through brain breaks and Go-noodle.

YEAR 3

In Year 3 they have been working hard on the catch and throwing skills also aiming. The overall sport they are trying to improve is Cricket. They have also tried batting. Oliver from Year 3BG said he really enjoyed learning how to bat.

Also in Year 3 they have been doing Combat Dance. The children have started to put the full dance skills together thinking of other moves they can add. They are working towards their class vs. class competition.

YEAR 4

In Year 4 they have been doing Basketball they have been working really hard to improve their passing and shooting skills

A student from Year 4R said they have learnt how to do the bounce pass effectively and they enjoyed learning how to pass the ball.

They have also been learning the Charleston dance moves and putting amazing routines together.

YEAR 5

In Year 5 they have been working on gymnastics they have been working really hard on their routines and cartwheels. A student from Year 5L said

"I really enjoyed learning the different roll."

YEAR 6

In year 6 Rob from Sheffield United Football Club has been into school teaching the Children Discus and Javelin. A student from Year 6C said:

"I enjoyed learning to jump because we got to compete against each other and try to break the world record - but we couldn't do it!" Rio

"Also learning about carbohydrates - it is interesting as well as doing the activity PE lesson."

