

PHYSICAL SKILLS	
RUNNING, JUMPING & THROWING	MOVEMENT & TRAVEL
CONTROLLING OBJECTS	SWIMMING & AQUATIC SKILLS
OUTDOOR SKILLS CHALLENGES	MOVEMENT TO MUSIC
BALANCE AND BODY CONTROL	GROSS & FINE MOTOR SKILLS

THINKING SKILLS	
CREATIVITY	RESILIENCE
INDEPENDENCE	SELF EFFICACY
PROBLEM SOLVING & TACTICS	MAKING LINKS
CONFIDENCE & SELF ESTEEM	PREDICT & JUDGE OUTCOMES

HOW DO WE DO THIS?- IMPLEMENTATION		
PHYSICAL EDUCATION	SCHOOL SPORT	PHYSICAL ACTIVITY
<ul style="list-style-type: none"> - Structured PE timetable which allows a range of activities - Fun, active lessons which engage all pupils - Child friendly learning outcomes and children understand the context - Stage appropriate activities for all pupils and all pupils make progress - Skilled staff/ workforce to inspire learning - Purposeful assessment and feedback 	<ul style="list-style-type: none"> - A range of opportunities for ALL pupils to engage with, outside of lesson time (including Pupil Premium & SEND) - Access to competitions and events for all pupils - Links to wider events (i.e. world cups/ Olympics) - Targeted provision for those who need it - Student voice to provide relevant opportunities - Provide pupils with exit routes to continue sport/ activity outside of school 	<ul style="list-style-type: none"> - School supports 30 active minutes for all pupils through the day and supports pupils to be active at home - Embedding physical activity interventions throughout the school day - Using activity as a tool for teaching active lessons - Promoting activity at break and lunchtimes - Supporting active travel - Creating active environments across school

OUR OUTCOMES for PE, School Sport & Physical Activity INTENT



SOCIAL SKILLS	
TEAMWORK & COLLABORATION	FAIR PLAY & HONESTY
COMMUNICATION	INCLUSION
LEADERSHIP	EMPATHY, HUMILITY & GRATITUDE & SUPPORTING OTHERS
RESPONSIBILITY	COMPETING WITH AND AGAINST OTHERS

HEALTH & WELLBEING	
PHYSICALLY ACTIVE HABITS & MINDFULNESS	PERSONAL SAFETY
UNDERSTANDING HEALTHY EATING	PHYSICAL FITNESS
HOW DOES THE BODY WORK?	EXPERIENCES OUTSIDE OF REGULAR ENVIRONMENT
WHAT EXERCISE DOES FOR THE BODY	CELEBRATE SUCCESSES

WHAT DO WE WANT PUPILS TO HAVE LEARNT BY THE TIME THEY LEAVE SCHOOL- IMPACT
UNDERSTAND THE IMPORTANCE OF BEING HEALTHY & ACTIVE
PUPILS TO BE PHYSICALLY LITERATE
INSPIRED TO HAVE LIFELONG PARTICIPATION
ROUNDED CITIZENS- CULTURAL CAPITAL
BROAD EXPERIENCES IN A RANGE OF ACTIVITIES/ ENVIRONMENTS

PERSONAL DEVELOPMENT- IMPACT	
CHARACTER DEVELOPMENT	UNDERSTANDING CULTURES
DEVELOPING TALENTS	RESOLVING CONFLICT
ACTIVE CITIZENSHIP	RESILIENCE
HEALTHY COMMUNITIES	BRITISH VALUES

PE Overview 2019-2020

	Autumn 1		Autumn2		Spring 1		Spring 2		Summer 1		Summer 2	
	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2	Session 1	Session 2
Year 1	Bootcamp	Mutliskills	Story of dance	Mighty moves	Gymnastics	Skip to the Beat	Ball Skills	Gymfit skills	Throwing and catching	Cool core Strength	Athletics	Fitness Frenzy
Year 2	Multiskills	Bootcamp	Ugly Bug ball dance	Mighty moves	Gymnastics	Skip to the beat	Ball Skills	Gymfit circuits	Throwing and catching	Cool core Strength	Athletics	Fitness Frenzy
Year 3	Cricket	Dance	Goalball	Gymnastics	Handball	Dance	Football	Gymnastics	Tennis	Hockey	Athletics	Rounders
Year 4	Basketball	Dance	Netball	Gymnastics	Handball	Dance	Athletics	Swimming	Rugby	Swimming	Athletics/rounders	Swimming
Year 5	Football	Table tennis	Basketball	Gymnastics	Handball	Dance	Dodgeball	Gymnastics	Footgolf	Cricket	Athletics	Rounders
Year 6	Football	Dance	Rugby	Gymnastics	Handball	Dance	Dodgeball	Tennis	Footgolf	Gymnastics	Athletics	Rounders